

WOMAN'S PRINCIPAL HEALTH CARE PROVIDER NOTICE

Under your plan, you can see a participating OB/GYN or Family Practitioner for covered services without authorization from your Primary Care Physician. In order to comply with the recent amendment to the law, all health plans must provide Members with the notice shown below. Please note that this notice does not change either your benefits or CIGNA's policy of open access to OB/GYNs.

NOTICE TO ALL FEMALE PLAN MEMBERS: YOUR RIGHT TO SELECT A WOMAN'S PRINCIPAL HEALTH CARE PROVIDER

Illinois law allows you to select a *woman's principal health care provider* in addition to your selection of a primary care physician. A woman's principal health care provider is a physician licensed to practice medicine in all its branches specializing in obstetrics or gynecology or specializing in family practice. A woman's principal health care provider may be seen for care without referrals from your primary care physician. If you have not already selected a woman's principal health care provider, you may do so now or at any other time. You are not required to have or to select a woman's principal health care provider.

Your woman's principal health care provider must be a part of your plan. You may get the list of participating obstetricians, gynecologists and family practice specialists from your employer's employee benefits coordinator, or for your own copy of the current list, you may call the toll free Member Services number listed on your ID card. The list will be sent to you within 10 days after your call. To designate a woman's principal health care provider from the list, call the toll free Member Services number listed on your ID card and tell our staff the name of the physician you have selected.

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